

LITTLE HERO CHALLENGE

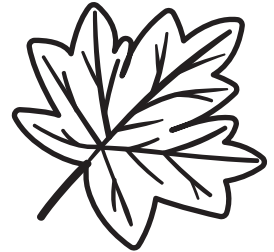
APPLIED MATERIALS
SILICON VALLEY

Turkey Trot



GOOD DEEDS CHECKLIST!

COLOR IN EACH BOX AS YOU COMPLETE A GOOD DEED.



WRITE A NICE CARD TO A FAMILY MEMBER OR TEACHER OR ESSENTIAL WORKERS AT GROCERY STORES OR RESTAURANTS	DRAW PICTURES OR WRITE FUN NOTES ON THE GROUND IN CHALK.	CALL A GRANDPARENT OR AN OLDER FAMILY MEMBER.	HELP YOUR PARENT COOK DINNER.
DO THE DISHES WITHOUT BEING ASKED	DONATE A TOY OR STUFFED ANIMAL TO AN ORGANIZATION THAT HELPS OTHER KIDS	READ FOR 20 MINUTES.	TAKE OUT THE TRASH.
HELP CLEAN UP THE HOUSE.	CLEAN YOUR ROOM.	TELL SOMEONE YOU LOVE THEM.	GO FOR A WALK WITH YOUR FAMILY.
EXERCISE FOR 20 MINUTES.	BE APPRECIATIVE OF EVERYTHING YOU HAVE AND SAY 'THANK YOU'.	GOOD DEED OF YOUR CHOICE!	THANK A TEACHER BECAUSE ONLINE LEARNING IS HARD FOR THEM AS WELL

