



90 E. Tasman Drive (off N. First. St.) in San Jose ■ (408) 944-6100 ■ www.palmerclinics.com/sj

Providing Silicon Valley Turkey Trot participants with complimentary care for the 10th year in a row!

6:30 to 11:30 a.m. ■ Palmer Clinics tent (Arena Green Park)

For the 10th year in a row, the Palmer Chiropractic Clinics (located at Palmer College of Chiropractic's West campus in north San Jose) will provide complimentary care at the Silicon Valley Turkey Trot on Thursday, Nov. 22, to help runners, walkers and trotters "go the distance" – or recover from their efforts!

Race-day services are available for SVTT participants from 6:30 to 11:30 a.m. in the Palmer Chiropractic Clinics tent (situated within the Festival area, located in Arena Green Park). Care is provided by faculty-doctors and student-interns from the Palmer Chiropractic Clinics, and includes:

- **Sport-specific injury evaluation**
- **Chiropractic adjustments**
- **Stretching**
- **Soft-tissue therapy**
- **Kinesiotaping**

Palmer Clinics faculty-doctors are experienced and credentialed in a wide variety of techniques and treatments. Palmer Clinics interns have completed extensive clinical-training (in on- and off-field settings) as well as specialized courses that focus on sport-specific injury-evaluation and treatment protocols.

During the past two decades, in addition to the SVTT, the Palmer Chiropractic Clinics in San Jose (open Monday-Saturday) have provided sports-chiropractic services at some of the largest athletic events in Northern California, including: the Sea Otter Classic (the world's premier cycling festival); North Face Endurance Challenge; Far West Valor Games; Susan G. Komen 3-day For The Cure; Avon 30; Kaiser Half-Marathon; Dew Tour; among others.

Palmer College's West campus, established in 1980, is the California branch campus of Palmer College of Chiropractic, which also includes the main Palmer campus in Davenport, Iowa (established in 1897), and its newest campus in Port Orange, Fla. (which opened in 2002). Nearly one-third of all practicing chiropractors are Palmer College graduates, who serve as primary care professionals for spinal health and well-being around the globe.

Make sure to check your SVTT Virtual Goodie Bag for a special offer from the Palmer Chiropractic Clinics!